



DR. EMILY STOWE P.S.

November 2016

“Where Children Grow”

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Principal's Message....

With November here and two months of school complete, there is already much to celebrate! Recently, we held a recognition assembly to thank all of the students who generously donated money for our Terry Fox Run. Students and staff demonstrated their spirit with signs, costumes and wearing pink hair to celebrate our achievement together! Special thanks to Mr. Roberts who eagerly shaved his beard!

The intermediate and junior boys and girls soccer as well as the cross country teams demonstrated wonderful sportsmanship as they participated in tournaments and events this fall. A special honorable mention goes out to Takumi H. and Ella M. who placed 1st and 2nd respectively during the area cross country meet. Takumi also went on to compete in the KPREAA final meet where he placed 4th overall. To the coaches who volunteered their time and to parents who attended meets and provided transportation, we thank you! Way to go wolves!

Keep an eye out for progress reports as they will be going home on November 10th with parent/teacher conferences to follow. We encourage you to take advantage of the many school and council sponsored upcoming events such as: Internet Safety for Parents (Nov 9), Movie Night (Dec. 2), and the Christmas Market (Dec 10).

We hope to see you!



Denise Humphries

School Council

After two months of school, council has been very busy planning some upcoming events. We are happy to announce our annual Poinsettia Fundraiser. Forms have been sent home and are due back on Thursday, November 10th.

We are also pleased to announce that Stowe will be hosting our first ever Christmas Bazaar/Market on Saturday, December 10th.

We would also like to remind parents/families that when shopping at M&M Meat Shops at King and Townline to mention Dr. Emily Stowe PS, and a portion of your purchase will be donated back to the school.

Do you need labels? Mabels labels is another community partner. Just simply go to: www.mabelslabels.com and click on the “support a fundraiser” in the right hand corner and then use the drop down menu to search for our school name under “select your school/organization”. Then you can start shopping!

Council is planning another family movie night in December. More details to come.

Finally, we would like to thank everyone who is participating in our hot lunch program. Monday Pizza and Healthy Hunger are both going well.

Our next meeting is on Monday, November 21st at 6:30 pm in the school library. Everyone is welcome to attend.

Dawn Chapell

School Council Chair

Safe Arrival Program

At Dr. Emily Stowe, the safety of our students is first and foremost. We have voicemail for the Safe Arrival Program so that you may leave a message anytime during the day or night. Call the night before if you know your child will be sick. If your child arrives late, please remind him or her to report to the office on their way to class, so we can record on the attendance form that your child has arrived safely. Thank you!



Mme Johnson is looking for parent volunteers who are willing and able to listen to students read in French or work one-on-one with students on their French work. If you have a current police check and have a minimum of 40 minutes a week to volunteer (timing can suit your schedule), please contact Mme Johnson at Miriam_koene@kprdsb.ca. All abilities are welcome, you can learn along with us!

Character in the School November Attribute

COURAGE

I face challenges directly. I speak up for myself and others even when it may be unpopular. I ask for help when necessary. I recognize risks and dangers and do not take unwise chances to please others.

Remembrance Day

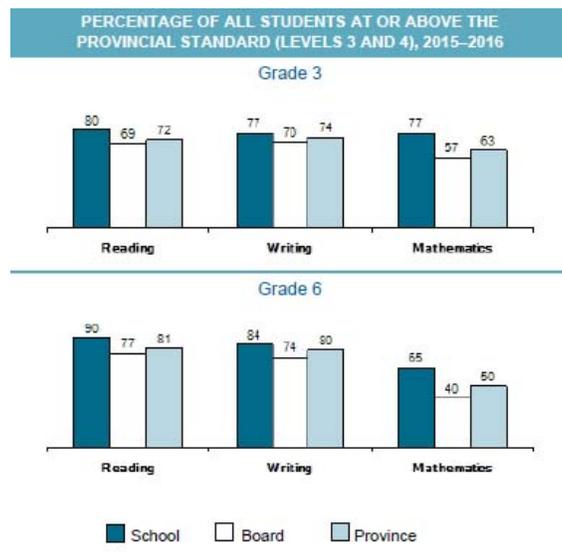
Dr. Emily Stowe will be hosting a Remembrance Day Assembly, on Friday, November 11th, to show our respect for all those who have lost their lives serving our country. Students are being asked to dress in red and/or white on this date. We look forward to this special assembly, hosted by our Stowe Junior & Intermediate students. Poppies will be provided to all and **donations will be accepted on behalf of the Royal Canadian Legion.** The assembly will begin at approximately 11:30 am. Please join us for this special occasion!



All parents intrinsically want their children to be successful. But how can I support my child's literacy development? Why is it important for my child to read? How will my child learn to read? How can I help my child? What tips can I use to help my child learn to read? Where can I get help? These are all important questions and ones that are answered in the "Helping your child learn to read: A Parent's Guide" which is published by the Ontario Ministry of Education. A copy of this booklet was recently sent home.

This resources is also available online to support with reading skill development for children in grades Junior Kindergarten to Grade 3 by providing parents with helpful tips. Parents are encouraged to select strategies they think might be most useful to support their child as they move from a pre-reader to fluent reader. To read more about these important tips and strategies you can access the guide at the Ministry of the Education website listed below.

http://www2.ucdsb.on.ca/_docs/linkspdf/parents/parentGuideReading.pdf



EQAO

Results are in from last year. Please log into the school website to view the entire report (under EQAO Results in the left column of the main page) or go to the EQAO website (www.eqao.com)

E Team Clean Up

On Sept. 23, a group of Stowe students cleaned up a 2 km area around Black Creek through the Millennium Trail behind Courtice Secondary School. We were participating in the Great Canadian Shoreline Cleanup sponsored by the World Wildlife Federation. We were joined by parents Mrs. Rogers and Mrs. Applegate. We picked up approximately 40 kg of garbage. Food wrappers, water bottles, cigarette butts and plastic pieces topped the list. We recorded each item individually and older students figured out the totals. Results were sent to the Vancouver Aquarium as part of their national data set. We accomplished all we set out to do: helping our community while enjoying a hike in the fresh air on a local trail.

Mrs. Skelding

Book Fair

The Scholastic Book Fair is coming to our school! What better way to promote reading to our students than by supporting this important literary event.

We invite your entire family to participate by purchasing the latest and greatest in children's books. Your support of this vital literary event is a key part of helping us obtain new books and resources for our library and classrooms. You'll find hundreds of quality books at our Book Fair with a wide assortment for all reading levels. Visit the Scholastic Book Fairs website at www.scholastic.ca/bookfairs to read reviews of the Featured Books. You can also watch book trailers and author videos with your child on the BookTube page.

There will be a special Family Draw ballot that parents can deposit during our Book Fair. You could win \$50 in books – \$25 for your family PLUS \$25 for your child's classroom!

Don't forget to mark the Book Fair dates on your calendar! We look forward to seeing you during our Scholastic Book Fair and thank you, in advance, for supporting this great literary event. Thank you for believing in books and the impact of reading on your child's future.

Food for Clothing Exchange

Monsignor John Pereyema Catholic SS

316 Conant Street
Oshawa, Ontario

Saturday, November 5, 2016

9:00 - 12:00 noon



Open to all families in the
Durham Region

Anyone needing clothing may attend the exchange. They are asked to bring a non-perishable food item which will be donated to the local food bank.

For more information, please contact: Monsignor John Pereyema
Catholic Secondary School at 905-432-8470 or Jim Fergusson at:
905-436-0275 or fax: 905-436-5018.

Website

Become web savvy!! Visit our school website at <http://emilystowe.kprdsb.ca>. Monthly school newsletters can be accessed. You may still request a hard copy of the school newsletter from the school directly. This request was noted on the Student Information form which you were asked to complete at the beginning of the year.

Internet Safety Presentation for Parents

Presented by our
Durham Regional Community Police Office
at Dr. Emily Stowe Public School
71 Sandringham Drive, Courtice
Wednesday, November 9th, 2016
6:30 - 7:30 pm

- Legal ramifications of student behaviours online
- Potential threats (e.g., internet luring, sexual exploitation, human trafficking)

*Please confirm your attendance to ensure seating is available either by phone: 905-433-8747 or email to denise_humphries@kprdsb.ca

Dr. Emily Stowe Christmas Market
Sat Dec 10th
9am-4pm

Come Join us for a full day of fun! With shopping from our 30+ local vendors. Have a chance to get a treat at the bake sale, or get your holiday photos taken with Santa. There will also be a craft area for the kids and raffle prizes from each of the vendors.

Entrance fee is free with a non perishable item or a toy for our toy drive

Book Fair Dates:
Nov 16 and 17,
2016
8:30 am - 7:00 pm

November 18 from 8:30 am to 12:00 pm

Location: Library

Come and pick up some great Christmas gifts!!

We accept cheques made payable to our school, debit, Visa, MasterCard and American Express.



A reminder that Friday, November 25th is a Professional Activity Day. On this day, staff will be involved in a variety of learning about Math and Literacy aligned with the School Improvement Plan.



Reminder that the Poinsettia orders are due in the office no later than Thursday, November 10th. Plants will be available for pickup on Wednesday, November 30th, from 3-7 pm and Thursday December 1st, from 3-4 pm.

Digital Citizenship

The Internet is a fast, easy, and popular way to share information online. However, students need to be careful when retrieving and sharing content online - stealing online, is still stealing. Downloading copyrighted music and movies, and cutting and pasting content from a website into a school assignment (plagiarism), is stealing. Parents can teach their children how to make good choices in the virtual world by having conversations with them about technology copyright laws. Together, you and your child can be good digital citizens by being responsible and respectful online. For more information on digital law: Copyright, Piracy and Kids (video): www.common sense media.org "Whose Is It Anyway?"

Cross Country

This year's Cross Country Team participated in the Western Area Race of Millennium Trail at Courtice Secondary School. All members showed great sportsmanship and dedication. Members include: Ayanna H, Sophie L, Ashley P, Leah P, Halayna E, Ella M, Hailey N, Audrey L, Jade W, Kayley S, Alyssa C, Cara C, Abeigh R, Ella H, Taylore G, Ethan B, Aaron M, Derick D, Andrew C, Kaitlyn A, Henry B, Tyus S, David B, Takumi H, Logan P, Alex G, Riley K, Mitchell J and Dylan W. A huge congratulations goes out to Takumi H who placed 1st in the West Region and 4th overall at the KPREAA final in Peterborough. We also congratulate Ella M who placed 2nd in the West Region as well as Alyssa C, Riley K, and Alex G who also represented Stowe at the KPREAA Final.

Miss Wiffen

Parent Involvement and Math Achievement

"How can I help?"

Be positive

Choose your words carefully. When parents (and other adults) say they aren't good at math—sometimes to make children feel better—they may be giving children permission to stop learning.

Avoid math anxiety

Math anxiety (unproductive tension and stress) is real and occurs in children as well as adults. Pressure from timed tests and the risk of failure are major sources of math anxiety. Try not to over-react when your child makes a mistake. Making mistakes is an important part of learning!

Learn from mistakes

Homework time can be a more positive experience if you help your children learn from mistakes: praise their efforts, ask them to explain their answer, ask them to think about why the mistake happened, and encourage them to try again.

Help set the tone

Be relaxed and engaged as your child does math homework. You are not expected to be an expert, but you can offer support and ask questions: "How did you do that?"; "Why did you do that?"; "How do you know if you are right or wrong?"; and "Would you teach me how to do another question like this one?"

Be patient and build confidence

If your child becomes frustrated, stop. Remind them of things that they have already learned how to do successfully, such as riding a bicycle or playing a musical instrument.

Ask a teacher

Ask your child's teacher or other member of the teaching team for strategies to use at home. If your child asks for help and you do not know the answer, be honest and say, "I don't know but let's figure it out".

Helping Your Child With Math

Research shows that early math literacy helps children to succeed in school and improves their future career prospects. Did you know that 70 percent of Canada's top jobs require science, technology, engineering, and math (STEM) education? This includes careers we may not expect, such as culinary arts, animation, and fitness. When children are positively engaged and successful, they are more likely to stick with an activity and keep searching for a solution to a problem. Early success in problem-solving will build your child's confidence.

Why "Mathitude" Matters

Positive thinking

Students who are encouraged to have a positive attitude about math from an early age will develop positive feelings about the subject.

Keep them engaged

Students who are engaged in the learning process will learn more and be open to further learning.

Motivation

Students who believe that math is important for their future will be more motivated to learn math.

Build confidence

Students who feel confident in their own ability to do well in math will be more likely to perform well.



Durham Counselling Walk-In Clinic

We are a free, confidential, counselling walk-in clinic, providing service for children and youth, 3-19 years (up until their 20th birthday), and their families.

- We provide single-session counselling.
- We focus on what clients would like to address, and feel is important.
- Therapists work together with children, youth and their families.
- Together, we will build upon existing strengths to create a plan for positive change.
- The clinic operates on a first-come, first-served basis.

People come to us for many different reasons including family issues, strategies for positive change, stress management, relationship challenges, parenting support, youth development, substance use concerns, etc. We will listen to you without judgment. Our clinic is very knowledgeable about Durham Region, and can provide information about community resources and services. Often clients feel better about their situation after one session, and are hopeful about moving forward.

The Durham Counselling Walk-in Clinic is located at Carea Community Health Centre (Ajax site), 360 Bayly St. W., Unit 5 in Ajax. For further information, please call the Clinic Coordinator at 905-428-1212.

The clinic hours are Wednesdays from 1-8 p.m. (Last session will start at 6 p.m.) The service takes approximately 2 hours.

The Durham Counselling Walk-in Clinic is run by a community collaborative, staffed by providers from:

Catholic Family Services of Durham
Lakeridge Health
- Pinewood Centre
- Child Youth and Family Program
Rose of Durham Young Parents Support Services

Chimo Youth and Family Services
Carea Community Health Centre
Frontenac Youth Services
Resources for Exceptional Children and Youth - Durham Region.

We look forward to working with you.

THE FIREHOUSE YOUTH CENTRE
Cordially Invites You To Our
CHRISTMAS DINNER 18th Annual.....
Thursday December 1st, 2016
Festivities Start @ 5 P.M.
Dinner Served (5:30)
Awards and Speeches to follow
132 Church Street (Lower Level)
Bowmanville, ON
L1C 1T5

Kindly R.S.V.P. by November 25th to the attention of Chris Newman at chris.newman@jhsd.ca or call 905-623-6814 (ext. 30)

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

				 Anti-Bullying Magic Show Reports Go Home 	  	
			Internet Safety Presentation 6:30-7:30 p.m.	Nov 16-18 Book Fair! 		
				Intermediate Volleyball Courtice SS 	P.A. DAY	
			Flower Pickup 3-7 pm			