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DR. EMILY STOWE P.S.

February 2017

“Where Children Grow”

Principal’s Message....

It’s hard to believe we have reached the half way mark in our 2016/2017 school year. Term one report cards will be sent home on Wednesday, February 22nd for Grades 1-8 and on Friday, February 24th for Kindergarten. The academic and social growth in our students is wonderful to witness! The information in the report card will highlight how well your child has done in reaching the expected level of achievement in academic areas in Term 1, as well as learning skills and work habits. The comments should reflect how your child is achieving by speaking to their strengths, areas of need, and steps to improve. Take some time for you and your child to review the report card together, celebrating successes and discussing next steps for improvement. Please communicate any feedback, questions or concerns you might have with your child’s teacher.

With our winter weather, we are noticing an increase of vehicles parked in the Kiss and Ride lane and blocking parked vehicles in the parking lot. Just a reminder, please do not exit your vehicle if you are not in a designated parking spot. Not only does it slow down the flow of traffic but it can create potentially unsafe conditions for walkers when vehicles need to drive around parked vehicles. Your help is paramount to keeping our students safe!

Denise Humphries
Principal

School Council

Update from the School Council – February 2017

The new year is already going by so fast! Now that February is here, the School Council is excited to be hosting an evening of *Mathletes* on Tuesday, February 25th at 5:45 PM. This entertaining night is for parents and students in grades 3 to 6. The last time we had *Mathletes* at Stowe, it was a great success. We hope that you will come and have some fun with your school community!

The School Council is also starting to form a committee to host a Spring Fun Fair. Please check your child’s agenda for information on the first meeting, tentatively scheduled for Monday, March 6th at 7:30 PM. Volunteers are the key to a successful Fun Fair, and if we do not have enough people to join the committee, we will be unable to proceed. Please come out and show your Stowe support!

Our next School Council meeting is on Monday, March 6th at 6:30 PM in the school’s library. As always, everyone is welcome to attend.

Dawn Chapell
School Council Chair

Safe Arrival Program

At Dr. Emily Stowe, the safety of our students is first and foremost. We have voicemail for the Safe

Arrival Program so that you may leave a message anytime during the day or night. Call the night before if you know your child will be sick. If your child arrives late, please remind him or her to report to the office on their way to class, so we can record on the attendance form that your child has arrived safely. Thank you!



When there is ice on our property, stay away from it! Playing, walking or sliding on ice are unsafe practices that could result in injury if students were to fall. Broken bones, concussions and split lips are but a few of the injuries commonly associated with ice conditions.

Character in the School February Attribute



Empathy

I respect the feelings of others. I seek to understand what others are thinking to appreciate their perspectives. I listen and consider their views, even though we may not agree. I act with kindness and compassion.

Bravo! (excerpt from Board publication)

More reasons why #KPRisAwesome:

When students at Dr. Emily Stowe PS in Courtice learn French, they have plenty of fun. Core French teacher *Miriam Johnson* brings entertaining, practical ways for students to understand, practice and apply their speaking, reading and writing skills en français. Most recently, three classes of Grades 6-8 students participated in an “in-school field trip” when they welcomed Le Chef à L'école and [made a French pâtisserie](#) (pastry) called Langue de Chat (literally, cat's tongue). All instructions and work were done in French. In previous projects, students also have followed both oral and video instructions to create artwork and crafts; played online quizzes and games en français; mapped out their own family tree using French vocabulary; and learned how to ask questions in French about day-to-day items that are relevant to them. One day, students in one classroom even asked if they could stay inside during their break to work on their French projects.

TAMI

Student representatives from eight KPR elementary schools in Clarington participated in the [TAMI \(Talking About Mental Illness\)](#) Durham Mental Health Summit at Ontario Shores Centre for Mental Health Sciences last week. Four students and one teacher from each of the surrounding schools, and Mrs. Luke-Hewitt with intermediate students from our school, attended sessions based on the theme of Wellness, What's in Your Toolkit? The January 24 event was a fitting precursor for Bell Let's Talk Day January 25, when many KPR staff focused on the importance of preserving mental health and ending the stigma associated with it.

Crossing Guard Time Change

At Robert Adams Drive at Whittaker walkway, Courtice.

The new time will better assist the walkers to and from the school.

The times are as follows: 8:10 am to 8:40 am

No lunch coverage

3:00 pm to 3:30 pm



Nut Free School



We have several students with life-threatening allergies. Please help us to keep our students safe by checking the ingredients list of any food items that are brought to school and avoiding all products that contain nuts, or have been processed in a facility with nuts. Thank you for your support!

Eteam News

The ETeam has been hard at work over the last week and a half preparing for Sweater Day (the wackier the better) and Winter Walk Day which fall on Feb. 2. Student reps from most classes in Gr. 1 to Gr. 8 have been designing posters to advertise the eco-friendly option of bundling up as opposed to turning up the thermostat. Our team has also designed some sweaters for our hallway bulletin board and raised awareness with school announcements. Our next focus will be to design a slogan for our team. Environmental events are fun to work on and will help us maintain our 7-year status as an Eco School.

Welcome To Kindergarten

If your child will be four years of age by December 2017, now's the time to register for Kindergarten starting in September 2017! Our school is a stimulating, caring environment with a broad range of programs to help students excel in learning, succeed in life, and enrich our community.

Visit www.kprschools.ca, and click on School Registration to find your local school with our online maps. See what you need to register – such as proof of age, proof of address and immunization – and complete the registration form online. Check out the wealth of videos and tip sheets we have to help you prepare your child for school.

How do we create a safe and caring school climate at Stowe?

Kelsos' Choices

Is a conflict-management program designed for elementary students based on the premise that every child is capable of becoming a peacemaker. Designed around Kelso the Frog, this program offers nine options students can choose from to resolve minor conflicts on their own. Students are able to determine the difference between minor problems they can handle and serious problems that require an adult's help.

When your child comes to you to solve their "small problem," ask them to try one to two of the Kelso's Choices first. If that doesn't work, then they can ask an adult to intervene. Do you want to know more about Kelso's Choices? Go to: www.kelsoschoice.com

Concussion (outside of school hours)

A concussion is a type of brain injury that changes the way the brain normally works. It can affect a student's performance in both school work and physical activities. Rest is very important after a concussion because it helps the brain heal. While a child has a suspected or diagnosed concussion, full participation in school academic and physical activities can worsen symptoms and make for a longer recovery period. In the best interest of your child, parents and guardians are requested to contact the office when a suspected or diagnosed concussion occurs outside of school hours (i.e. during outdoor play, sports, or a car accident). KPR has a concussion protocol to support a safe re-entry to full time activities. For more information, visit concussion resources for parents at: http://www.kprschools.ca/en/our_schools/getinvolved/parentresources/

Board News

School Year Calendar

At a Board meeting in January, the 2017-2018 School Year Calendar was approved and will now be submitted for approval by the Ministry of Education.

Highlights of the approved calendar include:

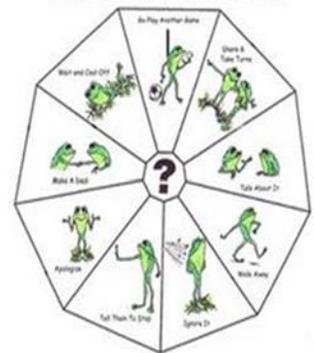
- 1st day of classes – Tuesday, September 5, 2017
- Last day of classes – Thursday, June 28, 2018
- Winter Break – Monday, December 25, 2017 through to Monday, January 8, 2018 (first day of classes)
- March Break – Week of March 9, 2018 to March 16, 2018

On Wednesday, February 22nd our school will be participating in Pink Shirt Day. This is an anti-bullying initiative that originated from two incredible Nova Scotia High School students. Bullying occurs in schools, workplaces, homes, and over the internet. Pink Shirt Day initiatives hope to help raise awareness on this issue.

We encourage our students to wear something pink that day to symbolize that we as a society will not tolerate bullying anywhere. You can visit www.pinkshirtday.ca for more information.

IT'S YOUR CHOICE!

DO YOU HAVE A SMALL PROBLEM?
TRY 2 OF KELSO'S CHOICES:



IF YOU HAVE **BIG** PROBLEM,
TELL AN ADULT YOU TRUST.



The *Charles H. Best Diabetes Centre* is a charitable organization that currently supports over 400 children and 1,000 adults with Type 1 Diabetes in the Durham Region. We will be fundraising asking for a donation of a loonie or a toonie, to show our support in helping those in our community living with Type 1 Diabetes.



See page 5 for details!

Here's to a happy and cyber safe New Year!



There are many ways you can make reading fun! Point out words and phrases around you—on cereal boxes, street signs, maps, posters and books. Let your children choose books themselves. Read with excitement, use different voices, make puppets, act out the story. Find more tips on reading, writing and math at www.ontario.ca/abc123.

Durham Region Health Topics

Durham Region Health Department offers a wide variety of information and resources on health related topics. Please visit www.durham.ca to see some of these resources online.



INTRODUCING EDSBY!

We are excited to inform you that within the Kawartha Pine Ridge District School Board we are beginning to use an enhanced communication system. 'Edsby' (the new system we will be using) will also benefit our administrators, teachers and students. Edsby pulls together up-to-the-minute information about each of your children and presents it in a clear, easy to understand and comprehensive format. You can see their assigned homework, their attendance and the specifics of what they're being taught in each class each day. Edsby also keeps everything safe and secure within the confines of our school district meaning there is no access to the internet nor is anyone from the outside world "allowed in".

We invite you to get involved! The teachers and students are just starting to use this communication tool within the classroom now. The next step will involve inviting you into the classroom. Because your username will be your email address, now is the time to ensure the school secretary has your current and correct email address. Edsby provides each parent with their own account so if there is a Mom and a Dad at home, we encourage you to ensure we have both addresses. If you have more than one child attending our school, you can use the same information to log in and see information for all of your children.

If you would like to start learning more about Edsby, visit www.edsby.com. They have a page specifically for parents and even an introductory video you can watch. Edsby also has a free app for all smart phones. If you're using a Blackberry, Edsby works great within your browser as well.

We welcome the opportunity to provide you with online access to information that you may use to help your children be even more successful at school!

Self-Regulation

Does your child struggle to calm his/her body and mind in order to cope with challenges or solve problems? The ability to be calmly focused and alert can be difficult for many children, as well as adults. The ability to self-regulate may change in different situations and stages of life. As parents, you can help your child use strategies to calm his/her body and mind by modelling what works for you. For example, when frustrated about being caught in traffic, you may use self-talk and listening to music to help calm the situation. You may say, "This traffic is terrible and I am feeling very frustrated. I know that I can't do anything about the traffic so I am just going to tell myself to relax, this will pass, I can turn on some of my favourite tunes!" Strategies that may work for your child as calming or focusing strategies include: exercise (e.g. a short run), reading a book, listening to music, talking to someone, self-talk, counting to 20, getting a drink, taking a break, or deep breathing. Generally speaking, calming the body and mind is necessary before challenges or conflict can be successfully handled.

Resources for Parents

Zones of Regulation <http://andersoncarla.blogspot.ca/2014/08/zones-of-regulation.html>

Today's Parent: Easy Ways to Teach Your Child to Self-Regulate <http://www.todayparent.com/kids/easy-ways-to-teach-your-child-to-self-regulate/>

Video: A story: Staying Calm When Angry <https://www.youtube.com/watch?v=DnmFfxWjsvs>

Self-Regulation <http://andersoncarla.blogspot.ca/2013/12/self-regulation.html>

JOIN IN THE FUN!
TUESDAY, FEBRUARY 28th
 GRADES 3 to 6 will be participating in
MATHLETES
A DAY of MATH FUN & GAMES
 In the evening **YOUR FAMILY** is invited to
THE FAMILY EDITION
5:30 Registration
5:45 - 7:15 Math Games
Forms will be sent home shortly!

Mark Your Calendar! 12 Days of Cyber Safety

Join us in celebrating cyber safety in 2017 by marking these days, weeks, and months of observance in your calendar.

Data Privacy Day (January 28, 2017) Data Privacy Day (known in Europe as Data Protection Day) is an annual international holiday that empowers people to protect their privacy and personal information. Learn more: <https://www.priv.gc.ca/en/about-the-opc/what-we-do/awareness-campaigns-and-events/data-privacy-day>

Safer Internet Day (February 7, 2017) Safer Internet Day is an EU wide initiative to help Internet users take steps to keep themselves safer and more secure online. Learn more: https://www.cybertip.ca/app/en/internet_safety-safer_internet_day

Pink Shirt Day (February 22, 2017) Pink Shirt Day is a movement that encourages Canadians to join forces and take a stand against bullying by wearing pink shirts at school, at work, and everywhere else. Learn more: <http://pinkshirtday.ca>

Fraud Prevention Month (March 1–31, 2017) Fraud Prevention Month is an annual education and awareness campaign that encourages Canada to recognize, report, and stop fraud. Learn more: <http://www.competitionbureau.gc.ca/eic/site/cb-bc.nsf/eng/03662.html>

National Youth Week (May 1–7, 2017) National Youth Week is dedicated to the celebration of youth and their active participation in their community. We celebrate this week by offering tips and info to help youth stay cyber safe! Learn more: <http://youthinrecreation.org/national-youth-week>

National Day to End Bullying (May 7, 2017) National Day to End Bullying is a campaign designed by Boys and Girls Club of Canada to initiate conversations about bullying and its effects on Canadians. Learn more: <https://www.bgccan.com/en/belonging>

Privacy Awareness Week (May) Privacy Awareness Week is a global effort to promote awareness of privacy issues and the importance of the protection of personal information. Learn more: <https://www.priv.gc.ca/en/about-the-opc/what-we-do/awareness-campaigns-and-events/privacy-awareness-week>

Cyber Security Awareness Month (October 1–31, 2017) Cyber Security Awareness Month is an internationally recognized campaign held each October to inform the public of the importance of cyber security. Learn more: <https://www.getcybersafe.gc.ca/cnt/rsrscs/csam-tlkt-en.aspx>

Small Business Week (October 15-21, 2017) Small Business Week recognizes and celebrates the contributions of Canada's small and medium-sized businesses. We celebrate this week by offering SMBs our latest cyber security advice. Learn more: <https://www.bdc.ca/en/small-business-week/pages/home.html>

Media Literacy Week (November 6-10, 2017 TBC) Media Literacy Week is an effort aimed to educate families about the various forms of media, and to demonstrate the importance of being able to critically analyze messages in the media. Learn more: <http://www.medialiteracyweek.ca>

National Senior Safety Week (November 6–12, 2017) National Senior Safety Week is an awareness campaign created to enhance the safety, security, and everyday living of seniors in Canada. Learn more: <https://canadasafetycouncil.org/campaigns/senior-safety>

National Bullying Awareness Week (November) National Bullying Awareness Week is an initiative to encourage Canadians to learn what they can do to help prevent and stop bullying—online and offline. Learn more: <http://www.bullyingawarenessweek.org>



Kawartha Pine Ridge District School Board Presents

KINDERGARTEN INFORMATION SESSIONS

Who should attend? Current Kindergarten families, as well as families with children who will be entering Kindergarten in September, 2017.



- Find out about the changes in the Kindergarten Program
- Learn more about a new Provincial Kindergarten Report Card
- Meet with community agencies and partners
- Take away tips, tricks and tools to support your child in Kindergarten
- Free child minding is provided for participants

Choose one of the four regional information sessions:

February 8th, 2017 – Roger Neilson Public School (Peterborough)

February 9th, 2017 – Brighton Public School (Northumberland)

February 13th, 2017 – Harold Longworth Public School (Clarington)

February 15th, 2017 – C.R. Gummow Public School (Northumberland)

A light dinner and community information booths will be available from 5:45 p.m. – 6:15 p.m.

Information session and roundtable discussions from 6:15 p.m. – 7:15 p.m. in the library

**REGISTER
NOW!**



**For more information or to register visit
www.kprschoos.ca/kindergarten**



February



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Ned Show 9:00-9:40 K-6	2 Walk to School Day Groundhog Day 	3 PA DAY	4
5	6 	7 Ski Club 	8	9 	10 	11
12	13 Clarington Basketball Session 1 	14 Ski Club 	15 National Flag Day 	16 	17 	18
19	20 	21 Int. Basketball Ski Club 	22 	23 	24 	25
26	27 Clarington Basketball Session 2	28 Mathletes Ski Club	28 March Break = Friday, March 10th until Friday, March 17th			

Math Corner

As we continue to support our School Improvement Plan and further develop the numeracy skills throughout our school. This month's focus continues to be how "inspiring your child to learn and love math", this module is for the Primary Grades. All this information is provided by the Council of Ontario Directors of Education.

"Parent engagement matters. Study after study has shown us that student achievement improves when parents play an active role in their children's education, and that good schools become even better schools when parents are involved..."
Ministry of Education, "Parent Engagement"

Some Fundamentals of math that students learn in primary division include:

Math vocabulary words such as "perimeter," "pyramid", and "prism"

Decoding symbols – degree °, greater than >, less than <, divided by ÷

Deconstructing numbers – in 247, the "2" stands for 200 and the "4" stands for 40

Describing the characteristics of two-dimensional and three-dimensional shapes – number of edges, slides, and faces

Reading number sentences – " $3 + 3 = 6$ " ; " $4 + 1 + 3 + 2$ "

Measuring – length, time, temperature

Reading grid maps

Sorting, making, and identifying different kinds of patterns •*ð•*□•*□

Identifying fractional parts of one whole – $\frac{1}{12}$ pan of brownies or $\frac{3}{4}$ hour

Helpful Tips for Primary Students

Establish homework routines (free of distractions e.g., electronics)

Prepare for homework – set a timer, make sure materials / supplies are available (pencils, crayons, ruler etc.)

Use the refrigerator or pantry doors as a home bulletin board, create "word walls" using post it notes or poster board

What to expect in your child's math homework?

Many assignments ask students to show their work, explain how they arrived at the answer, and explain how they know their answer is correct. Homework often involves drawing pictures and diagrams and using different kinds of objects. Making mistakes is part of learning. For example, when children see an expression such as " $7 + ? = 10$ "; they often respond "17" because they think the problem is asking "what is $7 + 10$?" instead of "7 plus what missing number equals 10?"

You can support your child's learning by asking if the answer is correct and how they know.

Reassure your child that it is OK to make mistakes. If your child become very frustrated or lose confidence, stop. Ask them to tell you about the things they can do successfully. Remind them that they have learned many things that have required patience and practice, such as riding a bicycle, writing a paragraph, or playing a musical instrument. Tell your child that you have made mistakes too, but you learned from the. Help your child to see that it is important to do this math problem, even if it is difficult.

You are likely to see your child completing math in ways that are different from how you learned. Asking your child to teach you "their method" is an excellent way to reinforce learning and for you to understand more about current teaching methods.

Your child's homework might be based on a real-world task. These assignments make math more concrete. They also encourage children to use number facts. Sample real-world questions:

How many rectangular prisms (cereal boxes) or cylinders (soup cans) can you find in your house?

Graph the favourite foods of your family members.

How many outfits can be made from three shirts and two pairs of shorts?

Measure the length and width of your bedroom in metre.

For more information:

Implementation Guide

http://www.ontariodirectors.ca/parent_engagement-math/downloads/docs/en/module01_resource_guide_2015-09-21.pdf

Inspiring Your Child to Learn and Love Math Video – Module 3 Primary Grades

https://www.youtube.com/watch?v=A-VxljWY_Es

Fact Sheet

http://www.ontariodirectors.ca/parent_engagement-math/downloads/docs/en/module01_factsheet_2015-09-21.pdf