



# DR. EMILY STOWE P.S.

March 2019

**“Where Children Grow”**

## *Principal's Message*

Dear Parents/Guardians,

This past Wednesday was Pink Shirt Day. It symbolizes that we are all working together to confront and eradicate bullying. At Dr. Emily Stowe, we are committed to this effort on a daily basis. We teach our students important Character Attributes, such as empathy, honesty and integrity. The school yard is well supervised by adults in orange and blue vests, easily visible to students. We use a restorative process to identify and work through any deeper issues that may arise. Teachers intentionally highlight students' strengths and support them in their academic, social and emotional growth. We seek to include all students in a variety of ways. Most importantly, we listen and take appropriate action.

In the recent board-wide School Climate Survey, Tell Them From Me, Stowe students identified that they feel safe at school, comfortable talking with the adults in the building, and that we help them when issues may arise. We continue to help our students learn the difference between conflict, that occurs incidentally, and bullying, which occurs over time. We continue to try to empower students to be problem solvers through the appropriate use of voice, giving them strategies for life.

Please help us by encouraging your child to talk out their issues and, if they have difficulty, to seek out their teacher or visit us in the office where we will also help them to problem solve and understand their issues.

With this in mind, we look forward to our grade 6-8 conference March 27<sup>th</sup> with a focus on well-being. Following our student conference, parents are invited to attend our parent event from 6 – 8 p.m. Child minding will be available. We hope to see many of you out for this event!

*Mme Haley-Twiss*

## **School Council**

Hard to believe it's March already; this year seems to just be flying by! With all of this wacky winter weather our parent council meeting was cancelled in February, however there are a few things that we would still like to share. The kindergarten classes are currently participating in an Epicure fundraiser which will help stock reading materials and the outdoor play area with some new equipment. If the fundraiser does well we may look at doing a school-wide one next year.

Our spring flower fundraiser is set to start just after the March break with the flowers arriving just in time for Easter. The funds raised from the flowers will be used to pay for agendas for the students next year.

School Council is also busy planning a free Family Wellness Night at Dr. Emily Stowe on Wednesday March 27<sup>th</sup> from 6pm-8pm. See the flyer in our newsletter for more information. We hope to see you all there!

We hope you all have a wonderful break and, for those interested, our next meeting is Wednesday April 24<sup>th</sup> at 6:15pm in the library. Child minding is available and all parents and guardians are welcome to attend!

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# Character in the School

## March's Character Attribute

### Fairness

I am sensitive to the needs of individuals. I include others and value their uniqueness. I celebrate diversity. I treat people with dignity and consideration with which I would like to be treated. I gather as much information as possible in order to make a decision that is just.



## Basketball

Congratulations to the Intermediate Girls Basketball Team who finished second in their tournament on Feb 19th. The girls showed excellent teamwork and skill and were great models to represent Dr. Emily Stowe. Congratulations girls! Team members include Taylore G., Morgan J., Emma R., Brooke C., Alyssa C., Kenzie A., Hailey N., Abeigh R., Lauren G., Ella M., Tamanna P.

*Ms. Johnston & Mr. Denney*



Congratulations also goes out to the Intermediate Boys Basketball Team who made an excellent effort at the tournament on February 19<sup>th</sup>. Sportsmanship as well as leadership was demonstrated throughout the day and their coach was very proud of their efforts. Team members include Emerson R., Jake K., Eric B., Avin B., James B., Henry B., Tyus S., Hariz S., Ryan M., Takumi H.

*Mr. Harper*



Special thanks to scorekeepers Madeline S., Annika B., Abby L. and to Mrs. Murru for convening the tournament for all Clarington schools.

## Tape a Toonie

Thank you to everyone who contributed to the Tape a Toonie for Grandview Kids on February 6th. We collected \$239.00! Thank you for your generosity.



## March 27: Well-Being Conference “Mission Possible” Grades 6-8 Students

On March 27<sup>th</sup> all grade 6-8 students will participate in a full day well-being conference entitled, “Mission Possible: Developing Mindfulness for a Purposeful Future.” If you are interested in helping with this event, please contact Mme Haley-Twiss at [lorena\\_haleytwiss@kprdsb.ca](mailto:lorena_haleytwiss@kprdsb.ca) or call 905-433-8747 for more information. We will need help with setting up snacks, a water station, preparing conference material, etc. Nurse Brian Dallaway will be assisting with this event, as well as our keynote speaker, Professor Robyne Hanley-Dafoe from Trent University. This promises to be an exciting day, full of learning for all!

## Well-being Night for Parents

School Council is hosting an evening of activities for parents that will follow the grade 6-8 conference. Keynote speaker, Robyne Hanley-Dafoe will highlight “Body Image in the Digital Age.” Nurse Brian Dallaway will contribute to our workshops, Danielle Lewis will be hosting Drumfit and Alexandra Lily will be talking about Neurological Reorganization. We hope to include a yoga demonstration. Child minding will be offered for this event.

## KPR Census

KPR is engaging students and parents in a census so we can have the best information possible to better understand our students, their backgrounds, and their needs. This data will allow us to serve students better in our classrooms and schools, and to help principals and board staff make the best possible decisions about programming and resource allocation. Information went home with report cards on February 20<sup>th</sup>. Parents of students from JK-6 will complete this for their child. Students in grades 7 and 8 will be completing this at school at the end of the month. Participation is voluntary and information is confidential. Please go online at [www.kprschools.ca](http://www.kprschools.ca) to Census for more information.

## Earth Hour March 30



It's back! KPR encourages families to participate in Earth Hour once again on Saturday, March 30, from 8:30-9:30 p.m. Participation is easy; just turn off your lights and electronics for the hour. Earth Hour started over a decade ago as an international effort to protect and preserve our natural environment. For further information about Earth Hour, please visit [earthhour.org](http://earthhour.org).

We will be coming together as a school community on Friday, March 29 at 2:00 p.m. to recognize this event.

## World Down Syndrome Day

March 21<sup>st</sup> is World Down Syndrome Day. At Stowe, we will recognize this by wearing blue and yellow. We will also wear our fun socks that day. At our Assembly on April 4<sup>th</sup>, we will highlight self-advocacy and celebrate our CAPABILITIES rather than our perceived “disabilities.”



## World Autism Awareness Day



April 2<sup>nd</sup> is World Autism Awareness Day. We will recognize this day at Stowe by wearing blue, or our Superhero costumes (no masks please). On this day and at our April 4<sup>th</sup> assembly, we will continue to support all of our students who are unique in character and learn a little more about the characteristics of autism.

## International Day of Pink



International Day of Pink is about working together to stop bullying by celebrating diversity and promoting positive social relationships. On April 10<sup>th</sup>, we ask students to Speak up and Stand together to Stop bullying! On International Day of Pink we look out on the sea of pink and know that together we can stop bullying.

## The Kindness Program

From March 20<sup>th</sup> – 22<sup>nd</sup>, Dr. Emily Stowe invites the Kindness Program to work with students in all of our classes. Our guest will be accompanied by a canine friend, who helps to teach empathy. In this way, we will also recognize the importance of diversity as Stowe’s inclusive culture.

## Cold Weather Wear

Cold and wet conditions are inevitable on the yard. So while children are instructed to stay away from the wet and slippery areas, they sometimes do come in from the yard wet. An extra pair of socks and pants would make contacting you to bring in dry clothes unnecessary. Your assistance is greatly appreciated.

## Yard Supervision

Yard supervision in the morning begins at 8:25 a.m. Just a reminder that students should not arrive before this time as they will be unattended.



## Vacations

If you are planning on taking holidays during the academic year, please let the office know when your child will be absent and be sure to report the absence on the Student Absence Reporting System. Teachers are happy to provide you with any of the work that would be missed in class, but are not responsible for creating study packages for students away during class time that may differ from the regular program. It is the student's responsibility to catch up on any work that is missed, in consultation with the teacher. Should you have any questions, please contact Mme Haley-Twiss at [lorena\\_haleytwiss@kprdsb.ca](mailto:lorena_haleytwiss@kprdsb.ca).

## Website/Facebook

Be sure to check out our school website! Follow us on Twitter too! Keep in the know with what's happening and stay in the loop. If you are on Facebook, School Council has a page that we do our best to keep updated as well! From Facebook, search "School Council at Dr. Emily Stowe Public School" and request to join.

With the expanding use of technology, in addition to or replacing the school connects automated calls, you will see more emails coming from us about important events in the school. Newsletters will start to come out to email this way as well, as we feel it is important for our school community to keep current about what is happening in the school. If you do not see emails from us, and they are not showing up in your junk/spam folder, please be sure to contact the office to confirm we have your current information.

Likewise, the use of Edsby is being used more and more by teachers. If you have not "activated" your Edsby account, please contact the office and an invitation can be sent to you.

## Absence Reporting

At Dr. Emily Stowe, the safety of our students is first and foremost. We have an Absence Reporting System where you may report an absence 24 hours a day, 7 days a week at 1-844-434-8119 or register at [studentabsence.kprdsb.ca](http://studentabsence.kprdsb.ca) or download the app (available through your app store). If your child arrives late, please remind him or her to report to the office on their way to class, so we can record that your child has arrived safely. Thank you!



## School Lunches through Healthy Hunger

Domino's Pizza is offered Mondays, Subway on Tuesdays and Pita Pit on Thursdays. If you have not yet signed up, there is a link on the school website. **We have now added gluten-free pitas!** These purchases help to support students at Dr. Emily Stowe. Place your orders now! <https://healthyhunger.ca/>



If you mention Dr. Emily Stowe before your items are scanned through, 10% of sales comes back to the school! Show your support for your school. Every little bit helps!



# POPCORN, POPCORN, POPCORN



Popcorn sales have resumed! Every Friday, \$1 a bag is sold at first break. All sales support the Grade 8s with their graduation ceremony expenses.

## Garden Help Needed!



If you can help us out in any way, we would appreciate it. Our Eco Club is going to rework the front garden and we would like help with this and with our garden near the primary entrance. Please let Mme Haley-Twiss know if you are available or if you have tools or donations we could use. She may be reached at [lorena\\_haleytwiss@kprdsb.ca](mailto:lorena_haleytwiss@kprdsb.ca)

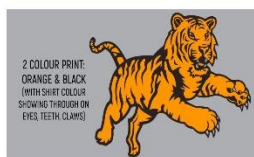
## Kiss n' Ride

Thank you to all who are helping to make the Kiss n' Ride at Dr. Emily Stowe more functional and efficient. **We require that you do not park or leave your car unattended as part of this process.** Students should be exiting to the right of the vehicle. Moreover, please use extra caution when driving through the Kiss n' Ride, and give others the same respect you would expect of them. For example, do not block the sidewalk with your vehicle while students and their families are crossing. Likewise, please wait patiently if needed in order to use the sidewalk safely. We will model what we expect of our students.

Overall, our school is considered a walking school, as we have no bussed students. We encourage students to walk as much as possible. The exercise is beneficial and it will help to reduce our carbon footprint as an Eco School. Please consider if your child is ready for this option, and if it works for your family routine. Health Canada indicates that many students fall short of their recommended hour of exercise a day. Walking to school helps students to get physical activity that, in turn, positively supports mental wellbeing.

## Mascot

We are choosing a new school mascot. School Council, students and staff have all been a part of creating our choices. These are shown below and include the Dr. Emily Stowe Tigers/Stingers or Sabres with the colours of yellow/orange and black/blue as choices. A recent submission of the Phoenix will be added to our choices, but is not shown here. Randomly selected students will vote this March and parents can vote at our Parent Wellness evening on March 27<sup>th</sup>. Come on out and vote!



"Stowe Sabres" or  
"Stowe Tigers"

"Stowe Stingers"



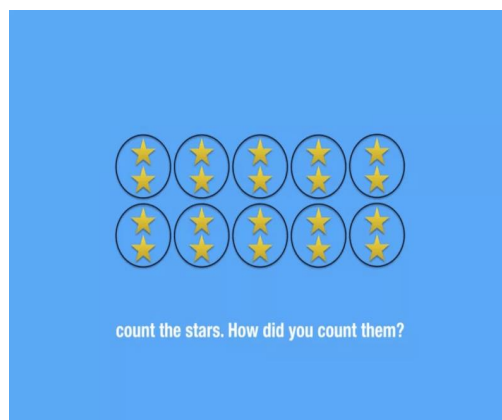
## Transforming your daytime and nighttime numeracy discussions!

The benefits of reading stories to our children at nighttime have been shared countless times over, and for good reason. Reading improves literacy skills. Why is it that we don't do math with our children before bed?

Math Before Bed is a collection of prompts that can inspire mathematical discussions that you and your children can have before bed, at dinner, or anytime.

Each prompt on this site shows you and your child a perplexing problem. Sometimes there is one right answer and sometimes there are many right answers. The purpose of each question is to generate a discussion about HOW you determined an answer. If you find one answer, try to find another. You could complete one prompt a night, or many prompts.

For example, you show this prompt:
















Read the prompt out loud and let your child think. He/she may say 20. Ask them to describe how she/he counted them. Your child may say:

*"I counted each star starting at 1,2,3,...up to 20." OR they may say, "I saw that two stars were in each circle, so I counted by 2s (or I skip counted) 2,4,6, up to 20". Or they may say, "I saw each column is 4 stars so counted up by 4s". OR they may say, "I saw two rows of 10 in each row.  $10 + 10$  is 20". OR they may say "There are 5 columns of 4 so 5 times 4 is 20."*

When your child tells you how they counted ask him/her: "Another child counted them a different way. Can you see which way they counted?" This will prompt your child to see those other groupings. They will start to make connections between adding, and multiplying. Did he/she count the same way you did? Share YOUR strategy with your child. You can extend the problem after too. Ask them "If we added two more circles, how many stars would be there now?"

See more exciting ideas at Math Before Bed @ [www.mathbeforebed.com](http://www.mathbeforebed.com)

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 	2
3	4 	5 	6	7 	8 March Break	9
10 	11 March Break	12	13	14	15	16 →
17 	18 	19 	20 The Kindness Program	21  	22 The Kindness Program	23  March 23
24	25 	26 	27 Grade 6-8 Wellness Conference  Wellness Night 6-8 pm	28 	29 2 p.m. school earth hour	30 



# Stowe Family Wellness Night



Wednesday March 27<sup>th</sup>

6:00pm-8:00pm

Come join us for a night of activities, food and fun with the family! You'll also have an opportunity to vote for the new school mascot and enter to win one of a few prizes offered by the Parent Council.

Our speakers for the night include:

- Robyn Hanley-Dafoe (Self Image)
- Nurse Brian (Nutrition)
- Danielle Lewis (Drumfit)
- Alexandra Lily (Neurological Reorganization)

You can register for the evening by filling out the information below and sending it in with your child, responding to the event on our School Council Facebook page, or emailing Jackie at [soccer147@yahoo.com](mailto:soccer147@yahoo.com). Hope to see you there!

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My child \_\_\_\_\_ in \_\_\_\_\_'s  
class and our family of \_\_\_\_\_ (number) plan to attend  
Stowe's Family Wellness Night.

