



DR. EMILY STOWE P.S.

October 2024 “Soaring to Victory”

Principal’s Message

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bryan_beers@kprdsb.ca

Superintendent, Student Achievement

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jamila_maliha@kprdsb.ca

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School Trustee

Paul Brown
paul_a_brown@kprdsb.ca

School Trustee

Kathleen Flynn
kathleen_flynn@kprdsb.ca

Dear Parents/Guardians,

Welcome Fall!

It was a pleasure to meet you and see so many of you in person at our Open House on Thursday, September 19th. Students were proud to show off their work and introduce their teachers to you. We are all proud of our students and the good work that they do. A big thank you to our School Council for making it such an incredibly fun evening with the inflatable obstacle courses and BBQ!

It has been a very busy start-up, but we are thrilled to be once again offering and organizing additional programming for our students. Sports are up and running at Stowe. We have already participated in KPR's soccer tournaments and practices are underway for cross country and flag rugby.

We are so proud of all of our student volunteers from Grade 6, 7, and 8 who have stepped up to help monitor our Kindergarten, Grade 1, and Grade 1-2 classes during Nutrition Breaks and at Recess. This is an important leadership opportunity for our older students to help their younger schoolmates by modelling and monitoring good behaviour, making sure that they have assistance to open packages and lids for their lunches, helping our younger students get ready for recess, as well as lead, organize, and model fun and safe activities and games for our students to participate in at recess times both outside and inside during inclement weather.

A special thank you goes out to our Student Council who hosted our Terry Fox Walk Kick Off assembly. They outlined the contributions of Terry Fox and help the students understand how their donations will help the Terry Fox Foundation and cancer research. Our Terry Fox Walk is scheduled for Friday, October 4th.

We are looking forward to even more learning opportunities and experiences for our students in October. Stay tuned!

Sincerely,

Mr. Bryan Beers

School Council

Hello Stowe Families,

Thank you to all who attended our Open House BBQ!

We held our first parent council meeting on September 23rd. Along with all the changes that the new school year brings it also brings a new school council! Below is a list of the new members of our council:

Chair- Colleen Smiles
Vice Chair - Lisa Schertzer
Treasurer – Christina Gutteridge
Secretary – Kyla Mangiafico



KAWARTHA PINE RIDGE
DISTRICT SCHOOL BOARD

Healthy Hunger has had a great start! We will continue with Domino's Pizza on Mondays, KFC Tuesdays, Mucho Burrito Wednesdays, Boston Pizza Thursdays and Booster Juice on Fridays. If you haven't signed up yet be sure to sign up at www.healthyhunger.ca to order your child's lunches. The proceeds received from our healthy hunger lunch program will help support the purchase of improvements of our outdoor play area for the students.

What's coming up?

- Spirit wear orders will be sent home soon.
- Our Christmas market will be held Saturday November 30th
- Purdy's and holiday flower fundraisers will be sent out in November

Healthy Hunger message – in order to ensure the smooth distribution of our daily hot lunches, if your child is expecting a hot lunch and did not receive it, it is extremely important that they either tell a teacher on duty or come to the office to have the list doublechecked. If your child is absent on a particular day that hot lunch has been ordered for them, you are welcome to contact the office that morning to arrange to pick up their lunch. Pizza is not kept for anyone not in attendance (unless prearrangements have been made), but as the remainder of the week's lunches are individually labelled, they are kept in the fridge. We try our best to ensure that those lunches are handed out the next day, but would also appreciate if you could remind your child (or teacher if in kindergarten) to come pick up from the office. After 2 days, unclaimed lunches are disposed of. **Remember you will need to order 5 days in advance of the date you wish your child to have that lunch.**

For anyone interested in attending, our next meeting will be held on Monday October 28th at 5:30pm.

Colleen Smiles, Chair
colleensmiles1@gmail.com



Character in the School

October's Character Attribute

Respect

I am polite, courteous, and caring. I value myself and others. I treat all people with dignity and uphold their rights. I protect property and our environment.



Soccer

Congratulations to the Junior and Intermediate soccer teams for unbelievable performances and wonderful achievement during the tournaments on Sept. 17th and 19th! You set an amazing example of teamwork, determination and perseverance! The teams showed great strength and heart with an impressive 3rd place for both teams. The Junior team had an exciting last minute goal by Leighton S. to tie before full time, and won the game in penalty shoot outs. Way to go Emily Stowe, we are so proud of you!!

Junior Team Members include Braedy B., Lily C., Leyah D., Leah D., Celeste D-B., Parker E., Audrey F., Sophia F., Senul G., Samir J., Nevyan K., Ryan McS., Irfaan M., Nash S., Leighton S., Nolan T., Shelby W.

Mr. Fulford, Coach

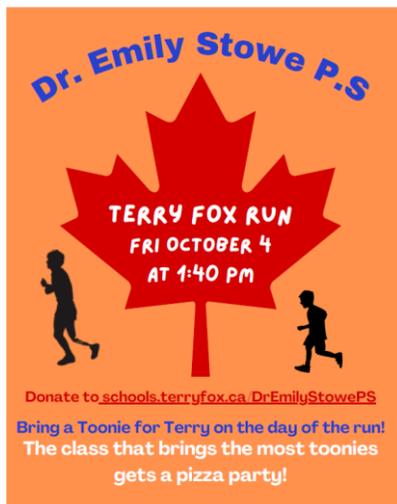
Intermediate Team Members include Colten B., Liam A., Grayson E., Lucas S., Tristan L-S., Chase McA., Jackson St. P., Ben M., Avery M-S., Jordyn C., Ema C., Hadley I., Aurelia F., Alexis S., Dayna B., Ava S.



Intermediate Team - Mme. Chartrand, Ms. Brouse, Coaches

Terry Fox

Once again, Dr. Emily Stowe P.S. is proud to support the Terry Fox Run with a school walk the last two periods (1:40-3:00 p.m.) on Friday, October 4th. Please make sure your child/children are dressed appropriately for the walk. Last year, we raised \$2,206.70. Our goal this year is \$2,400.00. We are accepting donations towards our goal through the Terry Fox website [Dr. Emily Stowe Public School - Courtrice, ON | Terry Fox School Run](#) from September 27th to October 14th and by cash (toonies plus for Terry) on the day of the walk (October 4th). School Cash Online is not an option this year.



If we reach our goal of \$2,400.00, students will receive an extra 20 min. recess that will end with Mr. Roberts receiving a pie in the face from a lucky student whose name will be drawn from the students that donate the day of the walk. Another student's name will be drawn to receive a Terry Fox t-shirt. The class that brings in the most amount of money on the day of the walk will receive a pizza party.

Students can also participate in a 'Hat' and/or 'Superhero' Day on Thursday, October 3rd by donating \$2.00. Students will be able to wear a hat and/or a superhero costume all day in class if they like. We thank you for your continued support in continuing Terry's Marathon of Hope.

Halloween



Halloween takes place Thursday, October 31st at Dr. Emily Stowe. We will continue to offer the chance to dress up that day. Please know that teachers will not be able to help with costumes, so prepare them how to manage their costume, modify it, or send them in black and orange if you wish. Dressing up is not a requirement, but a choice for those who wish to do so. Additional class activities or celebrations for October 31st will be at the discretion of the teacher. Some classes may organize a costume parade throughout the school hallways.

Orange shirt day/ National Day for Truth and Reconciliation

September 30th was recognized as National Day for Truth and Reconciliation. Teachers addressed the lost children and survivors of residential schools, as well as their families and communities in an age-appropriate way. Stowe purchased many books for our library to honour the diversity of our community. Included in these orders were books to help students understand the history of residential schools in Canada. Many of our resources also celebrate the culture and communities of our First Nations Peoples. Part of what we hope to achieve, is to include this as part of our regular program so that understanding and acknowledgement happens all year long. This is the goal of Truth and Reconciliation.

“We remember every child that didn’t come home from residential school. We recognize the harm, loss and grief of survivors and their families. As educators, we have a role to play, to educate ourselves and others about this tragic legacy. This is a solemn and important day, recognized in age-appropriate ways by all schools throughout KPR. [#NationalDayforTruthandReconciliation](#)”

Grade 5 Action Pass

The Durham Region Health Department and along with the Durham Regional municipal recreation centres and the Oshawa Mary Street YMCA are excited to announce that the **Grade 5 Action Pass** will be available again this year in Durham Region!

According to the ParticipAction 2024 Children and Youth Report Card, only 39% of children/youth in Canada reported they were engaging in at least 60 minutes of heart pumping daily physical activity as recommended within the Canadian 24-Hour Movement Guidelines for Children and Youth. Children tend to become less physically active as they age, so by giving 5th Graders more chances to be physically active, we can encourage them to stay active as they get older!

The Grade 5 Action Pass provides **FREE** access to public swimming, public skating, and a variety of drop-in programs (programs vary by recreation facility). Students may use their pass an unlimited number of times between September 2024 and August 2025.

To obtain the Grade 5 Action Pass, students will need to bring an electronic or printed copy of the Postcard, a parent/guardian, and proof of age and address to a participating recreation center in the municipality where they reside. Afterwards, they can use this pass at any of the participating locations! The list of participating recreation centers and more information can be found at durham.ca/PhysicalActivity.

Edsby & School Messenger

One of our primary tools for communication between parents and teachers will be EDSBY. Invitations will be sent from time to time to your email, if you have not yet activated your account. Bookmark the parent portal from the Board website for ease of access. <https://parents.kprdsb.ca/>

Likewise, School Messenger will be utilized to a great extent this year to forward newsletters and important communications from the office. It is therefore important that your email address is accurately on file. If you do not see emails from us, and they are not showing up in your junk/spam folder, please be sure to contact the office to confirm we have your current information.

School Cash Online

To those of you new to our school, please be aware that any payments to the school are to be made through School Cash Online. The Board has directed that schools are to use School Cash Online as their primary source of fund collection. Please be sure to visit School Cash Online to register. <https://www.kevclientsuccess.com/registration/index.html?d=Kawartha%20Pine%20Ridge%20District%20School%20Board&u=kprdsb>

New! Credit cards, Google Pay and Apply pay will now be acceptable methods of payment through School Cash Online. See attached flyer.

Absence Reporting

At Dr. Emily Stowe, the safety of our students is first and foremost. Our Absence Reporting System allows you to report an absence 24 hours a day, 7 days a week at 1-844-434-8119 or register at studentabsence.kprdsb.ca or download the app (available through your app store). If late, please remind your child to report to the office on their way to class, so we can record that they have arrived safely. Thank you!



POPCORN, POPCORN, POPCORN



Popcorn will be sold every Friday during first break for \$2 a bag by the Grade 8s **starting Friday, October 4th**. Exact change preferred.



If you mention Dr. Emily Stowe before your items are scanned through, 5% of sales comes back to the school! Show your support for your school! **Please note this is only at the King/Townline location.**

Board News

Student Personal Devices

New provincial government legislation has resulted in changes to the use of mobile devices in schools. A mobile device is any personal electronic device that can be used to communicate or access the Internet, such as a laptop, cellphone, tablet or smart watch.

To help ensure focused and engaging learning environments, all personal mobile devices must be stored out of view during the school day. Students in Grades K- 8 may not use mobile devices anytime during the school day (including recess), except as outlined below. Students in Grades 9-12 may use mobile devices during breaks.

Devices may be used in certain circumstances, including:

- for health and medical purposes,
- to support special education needs, or
- for educational purposes, as directed by an educator.

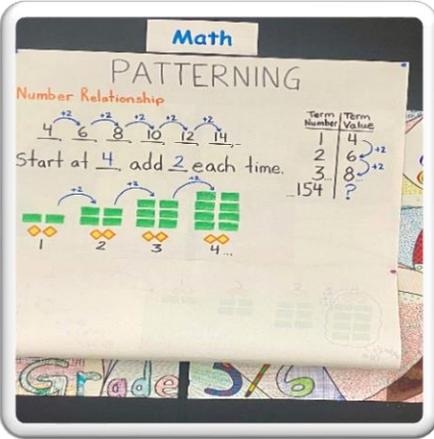
While these changes may be difficult, please know that creating and maintaining a protected space for learning in classrooms is our goal. Schools will be working with students to educate and support them as they adjust to these expectations. If students need to use their phones for reasons other than those outlined above, families should contact their school administration to discuss a shared solution.

Vaping in Schools

It has been our long-standing policy that smoking and vaping are not allowed on board property or in schools. There are new provincial directives this year that support this policy, specifically that students cannot bring electronic cigarettes (vapes), cannabis, tobacco and/or nicotine products to school (including on school transportation). If a student is in possession of an electronic cigarette (vape), tobacco or nicotine product, it is to be surrendered and disposed of. As with the cell phone changes, we will work positively with students and families to implement these expectations.



WALKING THE HALLS AT STOWE....



Mr. Fulford's 5/6 class



Mrs. McCaffrey's class



Ms. Van Alebeek's Overall Me



Mrs. Miriam's self portraits





Where can students use their Grade 5 Action Pass?

Students may use their Grade 5 Action Pass in Durham Region at any of the following recreation centres.

*These sites issue Grade 5 Action Passes.

**Brock students can contact recreation@brock.ca to obtain their pass.

**Township of Brock

Foster Hewitt Memorial Community Centre (705-426-9838)
Rick MacLeish Memorial Community Centre (705-432-2582)
Sunderland Memorial Arena (705-357-3338)

Municipality of Clarington

(905-623-3379 ext. 2552)
*Courtice Community Complex
*Alan Strike Aquatic and Squash Centre
*Garnet B. Rickard Recreation Complex
*Diane Hamre Recreation Complex
*South Courtice Arena
Orono Park Pool
Orono Arena (905-983-5617)

City of Oshawa

(905-436-3311)
*Delpark Homes Centre
*Oshawa Civic Recreation Complex
*South Oshawa Community Centre
*Donevan Recreation Complex
Camp Samac Pool
Harman Park Arena
Rotary Outdoor Pool
*Oshawa Mary Street YMCA (905-438-9622)

Town of Ajax

*Ajax Community Centre (905-427-8811)
*McLean Community Centre (905-428-7711)
*Audley Recreation Centre (905-427-2468)

City of Pickering

*the Chestnut Hill Developments Recreation Complex (905-831-1711 or 905-683-6582)
Dunbarton Indoor Pool (905-831-1260)

Township of Scugog

(905-985-8698)
*Scugog Community Recreation Centre
Public skating offered September to April
Blackstock Recreation Complex
Public skating offered October to March
Birdseye Pool
Public swimming offered June to August

Township of Uxbridge

*Uxpool (905-852-7831)
Uxbridge Arena (905-852-3081)

Town of Whitby

*Whitby Civic Recreation Complex (905-666-1991)
Iroquois Park Sports Centre (905-668-7765)
Luther Vipond Memorial Arena (Brooklin) (905-668-7765)
McKinney Centre (905-655-2203)
*Brooklin Community Centre and Library (905-655-2010)



Durham Health Connection Line
905-668-2020 or 1-800-841-2729
durham.ca/physicalactivity



If you require this information in an accessible format, contact 905-666-6241 or 1-800-841-2729

Aug 2024



The Regional Municipality of Durham

Health Department

605 Rossland Road East
P.O. Box 730
Whitby ON L1N 0B2
Canada

905-668-7711
1-800-841-2729
Fax: 905-666-6214

durham.ca

An Accredited Public Health Agency



September 2024

Dear Parent or Guardian,

The Durham Region Health Department and along with the Durham Regional municipal recreation centres and the Oshawa Mary Street YMCA are excited to announce that the Grade 5 Action Pass will be available again this year in Durham Region.

According to the ParticipAction 2024 Children and Youth Report Card, only 39% of children/youth in Canada reported they were engaging in at least 60 minutes of heart pumping daily physical activity as recommended within the Canadian 24-Hour Movement Guidelines for Children and Youth. Children tend to become less physically active as they age, so by giving fifth graders more chances to be physically active, we can encourage them to stay active as they get older!

The Grade 5 Action Pass provides free access to public swimming, public skating, and a variety of drop-in programs (programs vary by recreation facility). Students may use their pass an unlimited number of times between September 2024 and August 2025.

Students are provided with an electronic postcard which outlines the use of the Pass. To obtain a Pass, you must show an electronic or printed copy of the postcard and proof of your child's address and date of birth to a participating recreation centre in the municipality where they reside. Please note, if you are registering in Uxbridge, you will also need to bring a current photo (1 inch by 1.5 inches) of your child, and if you are registering in Brock, you will need to email recreation@brock.ca to obtain a pass.

Once your child has obtained a pass, it can be used to enjoy free recreation programs throughout Durham Region.

For more information and for a list of participating recreation facilities please visit durham.ca/PhysicalActivity or contact Durham Health Connection Line at 905-668-2020 or 1-800-841-2729.

Anusa Johan, RN
Public Health Nurse
Durham Region Health Department

Supported by:



"Service Excellence for our Communities"

If this information is required in an accessible format, please contact 1-800-841-2729 ext 3324.



Get your **FREE** Grade 5 Action Pass



All Grade 5 students in Durham Region can get a pass that gives them:

- free public swimming
- free public skating
- free drop-in programs (programs vary by recreation centre)

Have fun, meet new friends and get active!

For more information and a list of participating recreation centres and programs visit: durham.ca/physicalactivity

Kawartha Pine Ridge District School Board now offers Credit Card as a Payment Option



The Kawartha Pine Ridge District School Board uses SchoolCash Online for all school items and activity fees. SchoolCash Online will help our school district in many ways: parents will be notified automatically about items and fees for their students and have the convenience of a secure online payment platform, and the schools will improve safety and reduce risk by minimizing cash and check payments at our schools.

We encourage all parents to register now, so you'll be ready to make online payments as our schools add more school items to the catalog. Registering for SchoolCash Online is free and easy. Create an account today! School Cash Online is the preferred method of payment.

Why it's important to register now

- Be ready to receive email notifications of new fees or items available for purchase.
- Be ready to pay for school fees anytime, anywhere, with a simple click.
- Keep track of all school items and activity fees and manage all students in your household from one location.
- Have online access to your account history and view and print receipts.

How to register

1. Go to <https://kprdsb.schoolcashonline.com> and click Register.
 - a. Type your first name, last name, and email address, and create a password.
 - b. Select a security question.
 - c. Select YES to receive email notifications. You will not receive any marketing emails. Selecting YES enables the system to send you fee notifications.
2. SchoolCash Online will send you a confirmation email. If you don't receive it, check your Spam folder.
3. Use your email address and password to log in.

How to add students to your account

1. Sign in to SchoolCash Online: <https://kprdsb.schoolcashonline.com>.
2. At the top of the page, navigate to MY ACCOUNT.
3. From the dropdown menu, select My Students.
4. Click to add a student:
 - a. Type your School Board Name.
 - b. Select your school's name from the list.
 - c. Enter student details. The system is fully secure, with PCI certification.
 - d. Click Confirm.

You may add up to eight students on your profile.

How to make a payment

1. You will be able to view any available items attached to your students that are set up on your account.
2. Select the item which you would like to purchase and click "Add to Cart."
3. Once you have finished adding items to your cart, select "Check Out" to make a payment.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rescheduled Cross-Country 	2 	3 	4 Terry Fox Walk Popcorn! 	
6	7 Immunization clinic for 7s & 8s 	8 	9 	10 Junior Rugby 	11 	
13	14 	15 Int. Rugby 	16 	17 Open House BBQ 	18 	
20	21 	22 Triple Ball 	23 	24 	25 PA Day	26
27	28 School Council 5:30 p.m. 	29 	30 	31  		